

# THE GRANGE SCHOOL FOOTBALL ACADEMY

## FLEXIBLE TRAINING PROGRAMMES

We offer programmes of 1, 2 or 3 sessions per week for boys and girls from year 3 to year 11 with coaches who have worked at Liverpool FC, Fulham FC and Everton. Our programmes include recurrent fixtures against other academies and the opportunity to purchase exclusive academy clothing. To date we have played fixtures against Manchester City, Port Vale, Crewe Alexandra, Chester FC and Macclesfield FC.

- ▶ Monday & Friday larger group training
- ▶ Tuesday or Thursday girls academy (maximum 10 per group)
- ▶ Wednesday skills sessions (maximum 8 per group)

All programmes allow players to play in fixtures

## ACADEMY PHILOSOPHY

- 🏆 Nurture talent
- 🏆 Develop skills
- 🏆 Have fun
- 🏆 Promote fair play
- 🏆 Create challenges
- 🏆 Explore opportunities
- 🏆 Be inclusive



*"I have really enjoyed the opportunity to gain experience at the Grange football academy. The best part is you learn but have lots of fun at the same time. The coaches have great knowledge and get us to make the most of our potential. There is always a good mix of activities. The academy has helped me become a stronger athlete and have a better understanding of the game."*

*George Fallon, Seniors Academy*

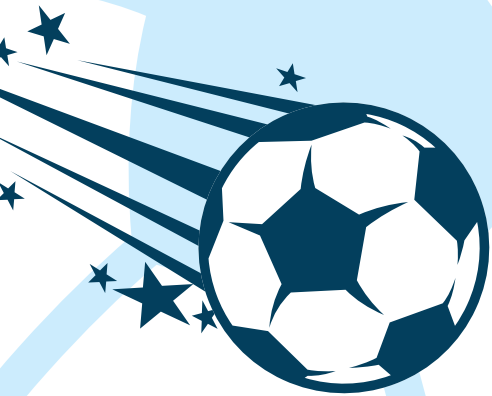
## ACADEMY BY NUMBERS

70+ players have attended  
14 players have had professional club trials  
4 players signed by professional clubs  
3 players selected by ISFA



*"I really love my time at the Football Academy. James has not only developed my footballing skills, he has also helped me to develop my ability to work within a team and has grown my self-confidence. I really look forward to the sessions and get a lot of value from the feedback. It is a really motivating experience to feel I am making progress."*

*Ellie Hewitt, Girls Academy*



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*Billy Holland, former Seniors Academy & current Port Vale FC player*

*"I joined the Grange football academy when it first started. I was really impressed by the high level of training and it helped me get into a professional academy. If it wasn't for the Grange academy I would not be where I am now."*

## BEHAVIOUR AND STANDARDS

We expect all academy players to show respect to the coaches and other players by listening to instructions and concentrating when guidance is being offered. We want all players to encourage each other and develop new friendships. We will not tolerate any forms of nastiness or negativity as the academy should be a safe and enjoyable environment for all.

## TRAINING FOCUS

- ◆ Ball mastery
- ◆ Passing techniques
- ◆ Receiving skills
- ◆ Finishing & shooting
- ◆ 1 v 1s and 2 v 2s
- ◆ Small sided games
- ◆ Positional awareness
- ◆ Speed & agility

*Elizabeth Greaves, Academy parent*

*"The supportive approach of the Academy coaches has made all the difference to the development of my boys' game, both technically and physically. The motivational environment has enhanced the boys' drive and their excitement about progressing. The Academy has provided opportunities they otherwise would not have enjoyed."*



**APPLY NOW**



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