

SPORTS LEADERS AWARD



Course content

A nationally recognised qualification in leadership

Specially designed on an easy to administer framework, the qualification is designed to use sport in order to help young people develop and hone their leadership skills whilst helping themselves and others stay physically active.

Benefits

- A fun and practical course that focuses on leading or volunteering rather than technical ability to perform
- A potential stepping stone into employment, further education or training
- A good foundation to progress on to other Sports Leaders UK awards or qualifications and/or a National Governing Body Award
- Helps to develop leadership or volunteering skills that will be vital in other areas of life
- Allows anyone to take a full and active role in sport and physical activity, not based on sporting ability
- Increases self-confidence that comes through taking responsibility for their own and others learning and enjoyment

Assessment

Course Units

- Unit 1 – Developing leadership skills
- Unit 2 – Plan, lead and evaluate sport/physical activity sessions
- Unit 3 – Assist in planning and leading a sports/physical activity event
- Unit 4 – Lead sport/physical activity sessions linked with the centre
- Unit 5 – Lead sport/physical activity sessions in the community

Aims

The Grange School leadership curriculum aims to ensure that pupils:

- Develop competence to excel in a broad range of physical activities
- Engage in competitive sports and activities
- Lead healthy, active lives
- Act as role models in the local community
- Develop a range of skills outside of the classroom

Opportunities

Students will have the opportunity to work with young people in the area. We have well established links with Winnington Park and Cloughwood School. The experiences that students will gain will build up their skills to a level allowing them to plan and deliver sports sessions.

Commitment

- Mostly completed in lesson time
- Be a member of the sports community within school
- Further commitment to volunteer in our community

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All information correct June 2022